



A GUIDE TO

COMPETITION TEAMS AT LEGACY DANCE ACADEMY



ABOUT THE STUDIO



LEGACY DANCE ACADEMY

AT LEGACY DANCE ACADEMY, WE WANT OUR DANCERS TO BE KNOWN FOR NOT ONLY THEIR EXCEPTIONAL DANCING, BUT ALSO FOR THEIR KINDNESS AND POSITIVITY IN ALL AREAS OF THEIR LIFE.

WE UNDERSTAND THAT ALTHOUGH DANCE MAY BE A BIG PART OF THEIR LIVES RIGHT NOW, IT IS ONLY A SMALL PART OF THE MUCH LARGER PICTURE OF EACH DANCER'S LIFE AS A WHOLE.

OUR GOAL IS TO PRODUCE EXCELLENT DANCERS WHO ARE ALSO EXEMPLARY HUMAN BEINGS.

WE FEEL BLESSED TO BE ABLE TO PROVIDE AN OPPORTUNITY FOR THESE YOUNG PEOPLE TO FIND JOY BY EXPRESSING THEMSELVES THROUGH MOVEMENT AND WE HOPE TO PUSH THEM TO BE THE BEST DANCERS THEY CAN BE.

Carmen Heaps
Studio Director



WHAT WE OFFER

COMPANY DANCE TEAMS

REC-COMPETITION DANCE TEAMS



OUR REC-COMP TEAMS ARE PERFECT FOR OUR 2ND - 8TH GRADE DANCERS WHO WANT TO PUSH THEMSELVES AND BE PART OF A TEAM, BUT WITH LESS WEEKLY STUDIO TIME AND A SMALLER MONETARY COMMITMENT THAN OUR JUNIOR AND SENIOR COMP TEAMS. TO ENSURE A POSITIVE COMPETITION EXPERIENCE FOR ALL DANCERS ON THE TEAM, REC-COMP TEAMS REQUIRE A FULL SCHOOL-YEAR COMMITMENT.

THESE TEAMS PARTICIPATE IN A SHOWCASE, ADJUDICATION, AND COMPETITION (IN ADDITION TO OUR CHRISTMAS AND SPRING RECITALS.) THEY COMPETE IN THE JAZZ AND LYRICAL DANCE STYLES, BUT ALSO GET TO PERFORM A HIP HOP ROUTINE AT OUR SPRING RECITAL.

NO AUDITION REQUIRED. COSTUME AND PERFORMANCE FEES APPLY, SEE PAGE 6 & 7 FOR FULL DETAILS.

MONTHLY TUITION **\$75**

JUNIOR & SENIOR COMPETITION DANCE TEAMS



OUR COMPETITION TEAMS ARE DESIGNED FOR DANCERS IN 3RD - 12TH GRADE WHO KNOW THEY LOVE DANCE AND ARE READY TO COMMIT SIGNIFICANT TIME TO PURSUING IT. COMPETITION TEAMS ARE A FULL SCHOOL-YEAR COMMITMENT.

OUR TEAMS PRACTICE IN THE STUDIO 2-3 DAYS A WEEK. PRACTICE HOURS VARY BY TEAM. ADDITIONAL BALLET AND TUMBLING CLASSES ARE REQUIRED TO FURTHER DEVELOP THEIR DANCE SKILLS.

COMPETITION TEAMS PARTICIPATE IN A SHOWCASE, ADJUDICATION, AND MULTIPLE COMPETITIONS (IN ADDITION TO OUR STUDIO RECITALS.) THEY COMPETE IN THE JAZZ, LYRICAL, AND HIP HOP DANCE STYLES.

AUDITIONS ARE REQUIRED. COSTUME AND PERFORMANCE FEES APPLY, OCCASIONAL TRAVEL IS REQUIRED. SEE PAGES 6-9 FOR FULL DETAILS.

MONTHLY TUITION **\$ VARIES BY TEAM**



DANCE TERMS EXPLAINED

ON THE NEXT PAGE, WE'LL MAP OUT THE DIFFERENCES BETWEEN OUR COMPANY DANCE TEAM OPTIONS. BEFORE YOU GET THERE, IT WILL BE HELPFUL IF YOU UNDERSTAND THE FOLLOWING TERMS.

RECITAL

PERFORMING
REC CLASSES,
REC-COMP TEAMS,
AND COMP TEAMS

RECITALS ARE HOSTED BY LEGACY DANCE ACADEMY, AND ALL THE PERFORMANCES ARE BY STUDENTS WHO TAKE CLASSES AT OUR STUDIO. WE HOST TWO RECITALS PER YEAR, ONE AT CHRISTMAS AND ONE NEAR THE END OF THE SCHOOL YEAR.

IN LIEU OF CHARGING ADMISSION FOR ATTENDEES, LEGACY FAMILIES PAY A RECITAL FEE TO OFFSET THE COST OF RENTING THE FACILITY. THIS ALLOWS OUR DANCERS TO INVITE ALL THEIR FRIENDS AND FAMILY TO ATTEND WITH NO CONCERN ABOUT ADMISSION FEES.

SHOWCASE

REC-COMP AND
COMP TEAMS ONLY

SHOWCASES ARE HOSTED BY VARIOUS DANCE STUDIOS OR SCHOOLS AND PROVIDE AN OPPORTUNITY FOR OUR DANCERS TO PERFORM FOR AN AUDIENCE PRIOR TO THE START OF COMPETITION SEASON. THERE ARE NO JUDGES OR AWARDS GIVEN, IT IS SIMPLY AN ORGANIZED PERFORMANCE OPPORTUNITY WITH A MIX OF DANCERS FROM MANY DIFFERENT STUDIOS.

EACH DANCER PAYS A SMALL REGISTRATION FEE TO PARTICIPATE. OUR STUDIO COLLECTS THESE FEES AND REGISTERS THE TEAMS. THE HOST ORGANIZATION CHARGES AN ADMISSION FEE FOR SPECTATORS ON THE DAY OF THE SHOWCASE.

ADJUDICATION

REC-COMP AND
COMP TEAMS ONLY

AN ADJUDICATION IS SIMILAR TO A SHOWCASE, BUT THERE ARE JUDGES PRESENT WHO SCORE EACH ROUTINE AND GIVE LIVE FEEDBACK TO THE DANCERS IMMEDIATELY AFTER THEIR PERFORMANCE. THESE EVENTS ARE EXTREMELY VALUABLE TO HELP PREPARE OUR DANCERS FOR COMPETITIONS.

EACH DANCER PAYS A MODERATE REGISTRATION FEE TO PARTICIPATE. OUR STUDIO COLLECTS THESE FEES AND REGISTERS THE TEAMS. THE HOST ORGANIZATION CHARGES AN ADMISSION FEE FOR SPECTATORS ON THE DAY OF THE ADJUDICATION.

COMPETITION

REC-COMP AND
COMP TEAMS ONLY

COMPETITIONS ARE PERFORMANCE OPPORTUNITIES WHERE OUR TEAMS COMPETE AGAINST TEAMS FROM OTHER STUDIOS. THERE ARE PAID JUDGES PRESENT AND AWARDS ARE GIVEN FOR THE TOP-PLACING TEAMS. BECAUSE OF THIS, COMPETITIONS HAVE A HIGHER REGISTRATION FEE THAN RECITALS/SHOWCASES/ADJUDICATIONS.

OUR STUDIO COLLECTS COMPETITIONS FEES AND REGISTERS THE TEAMS FOR THE EVENT. THE HOST ORGANIZATION TYPICALLY DOES NOT CHARGE AN ADMISSION FEE FOR SPECTATORS.



DIFFERENTIATION CHART

REC-COMP VS COMP TEAMS

DIFFERENTIATING FACTORS	REC-COMP TEAMS	JUNIOR COMP TEAMS	SENIOR COMP TEAMS
GRADE LEVEL	2ND - 8TH	3RD - 7TH	7TH - 12TH
STUDIO DAYS PER WEEK	1 DAY	2 DAYS	3 DAYS
TOTAL STUDIO HOURS PER WEEK	DANCE = 1 HOUR TUMBLE = 1 HOUR	DANCE = 1 HOUR BALLET = 1-1.5 HOURS	4.5 - 5.5 HOURS (DISTRIBUTION OF TIME VARIES BY TEAM)
STYLES OF DANCE TAUGHT	JAZZ , LYRICAL, HIP HOP, TUMBLING	JAZZ, LYRICAL, HIP HOP, BALLET, OPEN GYM	JAZZ, LYRICAL, HIP HOP, BALLET, OPEN GYM
STYLES OF DANCE COMPETED	JAZZ AND LYRICAL (HIP HOP PERFORMED DURING STUDIO RECITAL)	JAZZ, LYRICAL, HIP HOP (BALLET PERFORMED DURING STUDIO RECITAL)	JAZZ, LYRICAL, HIP HOP (BALLET PERFORMED DURING STUDIO RECITAL)
BALLET TECHNIQUE CLASS	OPTIONAL	REQUIRED	REQUIRED
TUMBLING CLASS	INCLUDED	HIGHLY ENCOURAGED TO TAKE TUMBLING AT AIRBOUND	HIGHLY ENCOURAGED TO TAKE TUMBLING AT AIRBOUND
NUMBER OF COSTUMES REQUIRED	2 (JAZZ & LYRICAL)	4 (JAZZ, LYRICAL, HIP HOP, BALLET)	4-5 (JAZZ, LYRICAL, HIP HOP, BALLET, CONTEMPORARY FOR ELITE)
SHOES REQUIRED	HALF SOLES	HALF SOLES BALLET SHOES HIP HOP SHOES	HALF SOLES BALLET SHOES HIP HOP SHOES
FARTHEST DISTANCE TRAVELED* (*MAY CHANGE IF PARENTS AGREE)	IDAHO FALLS	POCATELLO/AMERICAN FALLS	UTAH / BOISE
NUMBER OF RECITALS	2 (CHRISTMAS AND SPRING)	2 (CHRISTMAS AND SPRING)	2 (CHRISTMAS AND SPRING)
NUMBER OF SHOWCASES	1 (JANUARY)	1 (JANUARY)	1 (JANUARY)
NUMBER OF ADJUDICATIONS	1 (FEBRUARY)	1 (FEBRUARY)	1 (FEBRUARY)
NUMBER OF COMPETITIONS	1 (FEB - APRIL)	2 - 3 (FEB - APRIL)	3 - 4 (FEB - APRIL)
AUDITION REQUIRED	NO	YES	YES
SUGGESTED DANCE / TUMBLE SKILLS	SEE RECOMMENDED SKILLS CHECKLIST ON PAGE 12	SEE RECOMMENDED SKILLS CHECKLISTS ON PAGES 12 - 13	SEE RECOMMENDED SKILLS CHECKLISTS ON PAGES 13 - 15
COST (SEE ESTIMATED FEES SHEET FOR DETAILS)	\$\$	\$\$\$	\$\$\$\$



DANCE FEES EXPLAINED

WE BELIEVE THAT IT'S IMPORTANT FOR YOU TO BE WELL-INFORMED ABOUT FEES UP FRONT SO YOU CAN MAKE THE RIGHT DECISION FOR YOUR FAMILY.

BELOW YOU'LL FIND AN EXPLANATION OF THE VARIOUS FEES YOU MIGHT ENCOUNTER. ON THE NEXT PAGE, YOU'LL FIND OUR CURRENT PRICING AND SPECIFIC COSTS FOR EACH FEE TYPE.

STUDIO FEES (OUR INCOME)

STUDIO FEES ARE THE FEES COLLECTED BY THE STUDIO THAT STAY WITH THE STUDIO.

- REGISTRATION & ADMIN FEES
- MONTHLY TUITION
- COSTUME RENTAL FEE
- CHOREOGRAPHY FEE

WE USE THESE FUNDS TO PAY OUR TEACHERS/STAFF, MUSIC LICENSING, CHOREOGRAPHERS, BUILDING EXPENSES, UTILITIES, ETC.

PASS-THROUGH FEES (APPAREL)

THESE ARE THE FEES THAT GET "PASSED THROUGH" TO OTHER VENDORS.

- T-SHIRT FEE
- COSTUME PURCHASE FEE
- TEAM APPAREL
- PERFORMANCE TIGHTS

WE COLLECT THESE FUNDS TO PLACE GROUP ORDERS, BUT THIS IS NOT INCOME FOR THE STUDIO.*

*A VERY SMALL PORTION IS USED TO ASSIST WITH THE ADMINISTRATIVE COSTS OF APPAREL ORDERS..

PASS-THROUGH FEES (PERFORMANCES)

THESE ARE THE FEES THAT GET "PASSED THROUGH" TO EVENT ORGANIZERS.

- RECITAL FEES (INCLUDES DVD!)
- SHOWCASE FEES
- ADJUDICATION FEES
- COMPETITION FEES

RECITAL FEES ARE USED TO RENT THE FACILITY, PAY FACILITY STAFF TO RUN LIGHTS/SOUND, PAY JANITORS, VIDEOGRAPHER, PROGRAMS, ETC.

ADDITIONAL COSTS TO CONSIDER

THERE MAY BE OTHER COSTS TO KEEP IN MIND IF YOU DON'T HAVE THESE THINGS:

- BALLET SHOES/LEO/TIGHTS
- HALF SOLE DANCE SHOES
- PRACTICE WEAR
- NUDE LEO (UNDER COSTUME)

YOU'LL PURCHASE THESE THINGS ON YOUR OWN, BUT WE WANT YOU TO BE AWARE OF THEM SO YOU CAN BUDGET ACCORDINGLY.



REC-COMP

ESTIMATED FEES

REC-COMP TEAM FEES	JADES	CRYSTALS
STUDIO FEES		
REGISTRATION FEE	\$35	\$35
MONTHLY TUITION (BILLED SEPT - MAY)	\$75/MO (X9 = \$675)	\$75/MO (X9 = \$675)
CHRISTMAS COSTUME RENTAL FEE	\$15	\$15
CHOREOGRAPHY FEE	\$15	\$15
COMP TEAM ADMINISTRATIVE FEE	\$25	\$25
TOTAL STUDIO FEES	\$765	\$765
PASS-THROUGH FEES (APPAREL)		
T-SHIRT FEE	\$15	\$15
COSTUME PURCHASE FEE	\$65 (X2) = \$130	\$65 (X2) = \$130
TEAM EARRINGS	NA	NA
PERFORMANCE TIGHTS FEE	\$10	\$10
BALLET PERFORMANCE TIGHTS FEE	NA	NA
TEAM JACKET (OPTIONAL)	(\$50)*	(\$50)*
TEAM DUFFEL BAG (OPTIONAL)	(\$35)*	(\$35)*
TOTAL PASS-THROUGH FEES (APPAREL)	\$155 (\$240)	\$155 (\$240)
PASS-THROUGH FEES (PERFORMANCES)		
CHRISTMAS RECITAL FEE	\$50 (PER FAMILY)	\$50 (PER FAMILY)
SPRING RECITAL FEE	\$50 (PER FAMILY)	\$50 (PER FAMILY)
SHOWCASE FEE	\$10-\$20	\$10-\$20
ADJUDICATION FEE	\$40-\$60	\$40-\$60
COMPETITION FEES	\$60-\$80	\$60-\$80
TOTAL PASS-THROUGH FEES (PERFORMANCES)	\$210 - \$260	\$210 - \$260
2024 - 2025 DANCE SEASON FEE SUMMARY		
TOTAL ESTIMATED FEES	\$1,130-1,180	\$1,130-1,180
OPTION #1: SPLIT EVENLY OVER 9 MONTHS	\$125-131 / MONTH	\$125-131 / MONTH
OPTION #2: SPLIT EVENLY OVER 12 MONTHS	\$94-98 / MONTH	\$94-98 / MONTH

FINANCIAL DISCLAIMER

WHILE WE DO OUR BEST TO PRESENT YOU WITH AN ACCURATE ESTIMATE OF FEES AT THE BEGINNING OF THE SEASON, THERE ARE FACTORS OUTSIDE OF OUR CONTROL THAT MAY AFFECT THIS ESTIMATE (NAMESLY COSTUME PRICES, COMPETITION FEES, FACILITY RENTAL COSTS.) WE RESERVE THE RIGHT TO ADJUST FEES AS NECESSARY TO ACCOMMODATE INCREASED EXPENSES. YOU WILL BE NOTIFIED OF ANY CHANGES TO THESE FEES IN ADVANCE OF PROCESSING YOUR MONTHLY PAYMENT.

JUNIOR COMP

ESTIMATED FEES

JUNIOR COMP TEAM FEES	SAPPHIRES	EMERALDS / GARNETS
STUDIO FEES		
REGISTRATION FEE	\$35	\$35
MONTHLY TUITION (BILLED SEPT - MAY)	\$85/MO (X9) = \$765	\$100/MO (X9) = \$900
CHRISTMAS COSTUME RENTAL FEE	\$15	\$15
CHOREOGRAPHY FEE	\$50	\$50
COMP TEAM ADMINISTRATIVE FEE	\$50	\$50
TOTAL STUDIO FEES	\$915	\$1050
PASS-THROUGH FEES (APPAREL)		
T-SHIRT FEE	\$15	\$15
COSTUME PURCHASE FEE	\$65 (X4) = \$260	\$65 (X4) = \$260
TEAM EARRINGS	\$8	\$8
PERFORMANCE TIGHTS FEE	\$10	\$10
BALLET PERFORMANCE TIGHTS FEE	\$10	\$10
TEAM JACKET	\$50	\$50
TEAM DUFFEL BAG (OPTIONAL)	(\$35)*	(\$35)*
TOTAL PASS-THROUGH FEES (APPAREL)	\$353 (\$388)*	\$353 (\$388)*
PASS-THROUGH FEES (PERFORMANCES)		
CHRISTMAS RECITAL FEE	\$50 (PER FAMILY)	\$50 (PER FAMILY)
SPRING RECITAL FEE	\$50 (PER FAMILY)	\$50 (PER FAMILY)
SHOWCASE FEE	\$15-\$30	\$15-\$30
ADJUDICATION FEE	\$55-\$65	\$55-\$65
COMPETITION FEES	\$70-\$105 (X2) = \$140-\$210	\$70-\$105 (X2) = \$140-\$210 \$70-\$105 (X3) = \$210-\$315
TOTAL PASS-THROUGH FEES (PERFORMANCES)	\$310 - \$405	\$310 - \$510
2024 - 2025 DANCE SEASON FEE SUMMARY		
TOTAL ESTIMATED FEES	\$1,578 - 1,708	\$1,713 - 1,948
OPTION #1: SPLIT EVENLY OVER 9 MONTHS	\$175 - \$190 / MONTH	\$190 - \$216 / MONTH
OPTION #2: SPLIT EVENLY OVER 12 MONTHS	\$131 - \$142 / MONTH	\$143 - \$162 / MONTH

FINANCIAL DISCLAIMER

WHILE WE DO OUR BEST TO PRESENT YOU WITH AN ACCURATE ESTIMATE OF FEES AT THE BEGINNING OF THE SEASON, THERE ARE FACTORS OUTSIDE OF OUR CONTROL THAT MAY AFFECT THIS ESTIMATE (NAMESLY COSTUME PRICES, COMPETITION FEES, FACILITY RENTAL COSTS.) WE RESERVE THE RIGHT TO ADJUST FEES AS NECESSARY TO ACCOMMODATE INCREASED EXPENSES. YOU WILL BE NOTIFIED OF ANY CHANGES TO THESE FEES IN ADVANCE OF PROCESSING YOUR MONTHLY PAYMENT.

SENIOR COMP

ESTIMATED FEES

JUNIOR COMP TEAM FEES	OPALS	DIAMONDS/DIAMOND ELITE
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STUDIO FEES

REGISTRATION FEE	\$35	\$35
MONTHLY TUITION (BILLED SEPT - MAY)	\$130/MO (X9) = \$1,170	\$180/MO (X9) = \$1,620
CHRISTMAS COSTUME RENTAL FEE	\$15	\$15
CHOREOGRAPHY FEE	\$75	\$75/\$100
COMP TEAM ADMINISTRATIVE FEE	\$50	\$50
TOTAL STUDIO FEES	\$1,345	\$1,795 / \$1,820

PASS-THROUGH FEES (APPAREL)

T-SHIRT FEE	\$15	\$15
COSTUME PURCHASE FEE	\$65 (X4) = \$260	\$65 (X5) = \$325
TEAM EARRINGS	\$8	\$8
PERFORMANCE TIGHTS FEE	\$10	\$10
BALLET PERFORMANCE TIGHTS FEE	\$10	\$10
TEAM JACKET	\$50	\$50
TEAM DUFFEL BAG (OPTIONAL)	(\$35)*	(\$35)*
TOTAL PASS-THROUGH FEES (APPAREL)	\$353 (\$388)*	\$418 (\$453)*

PASS-THROUGH FEES (PERFORMANCES)

CHRISTMAS RECITAL FEE	\$50 (PER FAMILY)	\$50 (PER FAMILY)
SPRING RECITAL FEE	\$50 (PER FAMILY)	\$50 (PER FAMILY)
SHOWCASE FEE	\$15-\$30	\$15-\$30
ADJUDICATION FEE	\$55-\$65	\$55-\$90
COMPETITION FEES	\$70-\$105 (X3) = \$210-\$315	\$70-\$105 (X3) = \$210-\$315 \$70-\$105 (X4) = \$280-\$420
TOTAL PASS-THROUGH FEES (PERFORMANCES)	\$380 - \$510	\$380 - \$640

2024 - 2025 DANCE SEASON FEE SUMMARY

TOTAL ESTIMATED FEES	\$2,078 - \$2,208	\$2,593 - \$2,878
OPTION #1: SPLIT EVENLY OVER 9 MONTHS	\$231 - \$245 / MONTH	\$288 - \$320 / MONTH
OPTION #2: SPLIT EVENLY OVER 12 MONTHS	\$173 - \$184 / MONTH	\$216 - \$240 / MONTH

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COMP TEAM SUMMER REQUIREMENTS



ALL JUNIOR AND SENIOR COMP TEAM DANCERS ARE REQUIRED TO DO THE FOLLOWING OVER THE SUMMER BREAK:

- Attend the comp team summer session (once a week for 4 weeks: schedule below)
- Register for 1 skill clinic date (see options below)
- Attend choreography camp in late August (date TBD, varies depending on team)
- Diamond Elite members are expected to attend Full Out Dance camp. All other teams are invited and highly encouraged to attend! It will be a fun team-building event you won't want to miss.

COMP TEAM SUMMER SESSION

Wednesdays: June 11th, 18th, 25th, July 9th

7:30-9:45am

\$90 for the session

Dancers will rotate through 3 classes:

Hip Hop = 45 min

Technique = 45 min

Conditioning/Flexibility= 45 min

SKILL CLINICS

8-10am

\$25 per day

June 30th: Turns and Leaps
Strength & Flexibility

July 10th: Acro & Tumbling
Hip Hop Technique

July 22nd: Turns and Leaps
Contemporary & Floor Work

OPTIONAL SUMMER CAMPS

ISU Summer Intensive: July 13-18

Ages: 12-18 yrs / Pocatello / \$400-\$600

Full Out Dance Camp: July 31-Aug 2

Ages 5-18 yrs / Idaho Falls / \$155 (\$191 w/meals)

Summer Slam Dance Camp: No Information
available yet



RECOMMENDED SKILLS

CHECKLIST

FOR OUR REC-COMP AND COMP TEAMS, THERE ARE SOME RECOMMENDED DANCE SKILLS WE'D LIKE YOU TO HAVE. IF YOU DON'T KNOW HOW TO DO THESE THINGS YET, USE THIS CHECKLIST AS A GOAL SHEET! ASK AN EXPERIENCED DANCER FOR HELP, WATCH TECHNIQUE VIDEOS ONLINE, ATTEND CLASSES AND CLINICS, AND COMMIT TO PRACTICE REGULARLY. YOU'LL HAVE THESE SKILLS IN NO TIME!

JADES

- ☐ SINGLE PIROUETTE
- ☐ CHAINE TURNS
- ☐ FORWARD LEAP

CRYSTALS

- ☐ SINGLE PIROUETTE
- ☐ CHAINE TURNS
- ☐ FORWARD LEAP
- ☐ FAN KICK
- ☐ FAN ROLL

SAPPHIRES

- ☐ SINGLE PIROUETTE
- ☐ CHAINE TURNS
- ☐ FORWARD LEAP
- ☐ FAN KICK
- ☐ FAN ROLL
- ☐ PIQUE TURNS
- ☐ CARTWHEEL

EMERALDS

- ☐ ALL SAPPHIRE SKILLS
- ☐ 1 PIROUETTE ROTATION
- ☐ TURN LEAP (CALYPSO)
- ☐ HEEL STRETCH
- ☐ ILLUSION
- ☐ HEAD CARTWHEEL
- ☐ FRONT WALKOVER



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GARNETS

- ☐ 2 PIROUETTE ROTATIONS
- ☐ TURN LEAP (CALYPSO)
- ☐ HEEL STRETCH
- ☐ FIREBIRD
- ☐ ILLUSION
- ☐ 1 COUPE TURN ROTATION
- ☐ PIQUE TURNS
- ☐ CARTWHEEL
- ☐ HEAD CARTWHEEL
- ☐ FRONT WALKOVER
- ☐ BACK WALKOVER
- ☐ HEADSTAND

OPALS

- ☐ 2 PIROUETTE ROTATIONS
- ☐ TURN LEAP (CALYPSO)
- ☐ HEEL STRETCH
- ☐ FIREBIRD
- ☐ ILLUSION
- ☐ 1 COUPE TURN ROTATION
- ☐ PIQUE TURNS
- ☐ 2 A LA SECONDE TURNS
- ☐ CARTWHEEL
- ☐ HEAD CARTWHEEL
- ☐ FRONT WALKOVER
- ☐ BACK WALKOVER
- ☐ HEADSTAND
- ☐ SIDE AERIAL



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DIAMONDS (DANCE SKILLS)

- ☐ 3 PIROUETTE ROTATIONS
- ☐ TURN LEAP (CALYPSO)
- ☐ HEEL STRETCH
- ☐ FIREBIRD
- ☐ ILLUSION
- ☐ 2 COUPE TURN ROTATIONS
- ☐ PIQUE TURNS
- ☐ 4 A LA SECONDE TURNS

DIAMONDS (TUMBLING SKILLS)

- ☐ CARTWHEEL
- ☐ HEAD CARTWHEEL
- ☐ FRONT WALKOVER
- ☐ BACK WALKOVER
- ☐ HEADSTAND
- ☐ SIDE AERIAL
- ☐ FRONT AERIAL
- ☐ HEADSPRING
- ☐ KIP UP
- ☐ BACK HANDSPRING STEP OUT



RECOMMENDED SKILLS

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DIAMOND ELITES (DANCE SKILLS)

- ☐ 3 PIROUETTE ROTATIONS
- ☐ TURN LEAP (CALYPSO)
- ☐ HEEL STRETCH
- ☐ FIREBIRD
- ☐ ILLUSION
- ☐ 4+ COUPE TURN ROTATIONS
- ☐ PIQUE TURNS
- ☐ 6 A LA SECONDE TURNS

DIAMOND ELITES (TUMBLING SKILLS)

- ☐ CARTWHEEL
- ☐ HEAD CARTWHEEL
- ☐ FRONT WALKOVER
- ☐ BACK WALKOVER
- ☐ HEADSTAND
- ☐ SIDE AERIAL
- ☐ FRONT AERIAL
- ☐ HEADSPRING
- ☐ KIP UP
- ☐ BACK HANDSPRING STEP OUT



YOUR NEXT STEPS



READY TO DANCE WITH US?
CALL, TEXT OR EMAIL TO SCHEDULE:

- ✦ AN EXPLORATION CALL TO GET YOUR QUESTIONS ANSWERED
- ✦ A MEET UP (OR CALL) WITH AN EXISTING COMP TEAM PARENT/DANCER TO ASK QUESTIONS AND GET TO KNOW LEGACY THROUGH THEIR EYES
- ✦ AN AUDITION WITH THE STUDIO DIRECTOR AND COACHES (IF YOU MISSED AUDITIONS IN MAY)
- ✦ A TOUR OF THE FACILITY AND Q&A WITH THE STUDIO DIRECTOR

WE LOOK FORWARD TO MEETING YOU SOON!

